



CheerLeadership Camp

sponsored by the Association of Washington Student Leaders
and the Association of Washington School Principals
with the National Cheerleaders Association



Signing up with NCA may have been the start, but because CheerLeadership Camp is sponsored by the Association of Washington Student Leaders, your squad needs to complete its registration with AWSL to attend CheerLeadership Camp. This one-of-a-kind program offers the same cheer instruction available at all NCA camps along with leadership training by AWSL staff. The few steps it takes to register with AWSL gains your squad access to the only cheer camp that also invests in the “leader” of every cheerleader.

How? In order to register for CheerLeadership Camp, you will need to do the following:

1. Complete the [School Reservation](#) with a purchase order or check. We highly recommend getting a purchase order through your school, although checks for the registration total are accepted.
2. **NEW ONLINE DELEGATE REGISTRATION!** Once we receive your reservation form/purchase order (payment), we will send you a link to have all members of your squad attending camp (even coaches) fill out the online delegate registration. Cheerleaders/Mascots will need to fill this out with their parent/guardian for appropriate signatures.
3. Bring each squad member’s completed NCA waiver with you for camp check-in. Make sure all of the places with a large X have the appropriate signature before leaving for camp.

Who? CheerLeadership is designed for high school cheer squad members and their advisers/coaches from beginning to elite skill level. Mascots receive specialized mascot training at CheerLeadership Camp Session I (July 8-12), and may attend with the rest of your squad at Session I or on their own – another squad will be happy to adopt your mascot for the week!

Where and When?

CheerLeadership Camps are held at Central Washington University in Ellensburg the weeks of July 8-12 and July 15-19. Delegates may be transported to CheerLeadership Camp by a school official, a parent or an adult authorized by the school. **Student drivers are not allowed.** Charter bus transportation is available from communities around the state at additional cost.

Cost? CheerLeadership Camp registration costs \$570 for each coach and delegate. Registration includes:

- Five-days / four-nights housing in CWU dorms. Students are typically housed as 2 per room.
- Dining services at CWU Student Union from dinner on Monday to lunch on Friday
- Technical instruction by talented college cheerleaders trained by NCA to teach proper technique, stunting and safety.
- Leadership instruction and dorm supervision by dedicated coaches, educators and staff of the Association of Washington Student Leaders.
- On-site athletic trainer

Tentative schedule included for your
board field trip approval process.



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Program Overview

Summer Schedule

Session I – July 8-12 (Monday-Friday)

Kim Mayer, Director

Session II – July 15-19 (Monday-Friday)

Kim Mayer, Director | Lori Leach, Assistant Director

Who should attend CheerLeadership Camp?

School Cheer Squads

Camp is designed for public and private school cheer squads. All attendees must be registered as part of an official school delegation. Ideally the full squad would attend camp together, however if budgets are tight, consider sending your captains or leadership team. They will gain valuable skills they can teach to the rest of the squad.

Squad Size

CheerLeadership Camp serves squads of all sizes. We've had squads numbering over 50 and some smaller than five! Regardless of size, our NCA and CheerLeadership staff will work together to make the camp experience valuable, exciting and rewarding.

MASCOTS on a Mission! (Session 1)

Session 1 includes specialized Mascot training. Mascots bring their costume and spend the week with a dedicated instructor who helps mascots develop their character. Mascots can attend with their squad or can attend on their own— either way, they will gain valuable skills to create a positive, unified school.

Dynamic Coaches Workshop

Coaches have the unique opportunity to participate in workshops designed to add practical skills to their coaching toolbox. Practice management, teambuilding, squad unity, and working with parents and administration are just a few of the specific skills needed by cheer coaches. Coaches will network with their peers in these separate workshops and will work with their squads – especially during stunt instruction and practice time. Twenty-five clock hours are available for \$50. WIAA stunting certification is also offered at camp. Please sign up separately with WIAA before camp to attend the stunting certification course.

How do we get there?

Charter bus service to and from camp is available for an additional fee. Delegates may also be transported to CheerLeadership Camp by a school bus, school official, a parent or an adult authorized by the school. **Student drivers are NOT allowed.**

What facilities are used?

Both sessions are held at Central Washington University in Ellensburg, WA. Sessions take place in the air-conditioned gymnasium and outside on spacious grassy areas. Meals are served in the state-of-the-art Student Union and Recreation Center. Students live in college dormitories and coaches are housed in separate apartment-style dorms. Evening supervision of the squads is the responsibility of CheerLeadership staff. Coaches have the opportunity to meet with their squad in their assigned dorm prior to lights-out each evening.

Who are the staff?

CheerLeadership Camp is run by two trained staffs. The **AWSP Leadership Staff** is comprised of educators and experienced coaches who are experts in crowd involvement, team building, squad unity and problem solving. The leadership staff is also responsible for dorm supervision and safety of the delegates. The **NCA Staff** is made up of talented college cheerleaders trained to teach proper technique, stunting and safety. The two staffs work together to ensure a positive, powerful week!

How does CheerLeadership Camp compare to other NCA camps?

At CheerLeadership Camp you will receive all of the same cheer and stunt instruction as other NCA camps in Washington. NCA awards, trophies and honors are the same as other NCA camps. Our camps run for five days/four nights. You also have the opportunity to earn leadership awards as you apply your new skills throughout the week. Squads are challenged to reach their own next level of success, while enhancing their ability to lead their schools. Whether starting from the basics or perfecting elite skills, CheerLeadership is for all cheerleaders.

Why should I attend?

School principals recognize the important role cheerleaders play in a school, both as leaders and athletes. To provide training for this dual role, the Association of Washington School Principals (AWSP) sponsors CheerLeadership Camp, which blends leadership training with important technical cheer skills. Make a difference for yourself and your school...register for CheerLeadership Camp now!

QUESTIONS? Contact AWSL at team@AWSLeaders.org
Phone: (360) 497-5323 | FAX: (360) 497-5324
www.AWSLeaders.org



CheerLeadership Camp

Tentative

Schedule

Monday

11:30 – 1:30	Registration, Photos
1:45 – 2:45	Floor Meetings—Rec Gym
2:45 – 4:30	Camp Opening – rec
4:30 – 5:30	Dinner
5:45 – 6:15	Prepare for MNL – Dorm area
6:30 – 8:30	Monday Night Live! – sports court
8:30 – 9:00	NCA/Leadership Fun
	Wrap-up – Gym
11:00	Lights Out & Sleep

Tuesday

7:00 – 8:00	Breakfast
7:50 – 8:10	Leaders in Training Class
8:10 – 8:30	Camp Opening
8:30 – 9:20	Large Leadership
9:25 – 10:40	NCA Class Time - Gym
	Stunt S.A.F.E. Lecture
	Skill Check
10:45 – 11:35	Leadership (Red)
	Stunt Class (Blue)
11:35 – 12:00	Team Time
12:00 – 1:15	LUNCH
1:30 – 2:20	Leadership (Blue)
	Stunt Class (Red)
2:30 – 5:00	NCA
5:15 – 6:30	Dinner
6:30 – 8:30	Custom Coaching & Evals
8:30 – 9:00	Wrap-up - Gym
11:00	Lights Out & Sleep

Wednesday

7:00 – 8:00	Breakfast
7:50 – 8:10	Leaders in Training Class
8:10 – 8:30	Camp Opening
8:30 – 9:30	NCA Class Time
9:40 – 10:30	Leadership
10:40 – 11:30	Leadership (Red)
	Stunt Class (Blue)
11:35 – 12:00	Team Time
12:00 – 1:15	Lunch

Wednesday-continued

1:30 – 2:20	Leadership (Blue)
	Stunt Class (Red)
2:25 – 5:15	NCA Review
	NCA Class Time
	NCA Pyramid Class
5:15 – 6:30	Dinner
6:45 – 8:30	Custom Coaching Evals
8:30 – 9:00	Wrap-up
9:00 – 10:30	Pizza Night
11:00	Lights Out

Thursday

7:30 – 8:30	Breakfast
8:20 – 8:40	Leaders in Training Class
8:40 – 9:00	Camp Opening
9:00 – 11:30	NCA Class
11:30 – 11:35	Leadership Treat
11:35 - 12:00	Team Time
12:00 – 1:15	Lunch
1:30 – 3:30	All American/Champion Chant/Jump
3:30 – 4:30	Leadership
4:30 – 5:15	Team Time
5:15 – 6:30	Dinner
6:45 – 9:00	Top Team/Leadership/Floor Meeting
9:00 – 10:30	Packing, Clean
11:00	Lights Out

Friday

7:00 – 7:30	Check-Out/Room Clean-up
7:30 – 8:30	Breakfast
8:20 – 8:40	Leaders in Training Class
8:40 – 9:20	Team Warm Up
9:20 – 9:40	NCA Review
9:40 – 10:30	Final NCA Eval
10:30 – 11:30	Camp Closing
11:00 – 12:00	Pick up Lunches & pictures
	Load Vans & Busses

RED: Early to Lunch

BLUE: Early to Dinner