



CheerLeadership Camp DRAFT – 2022 Schedule

Monday

11:30 – 1:30	Registration, Photos
1:45 – 2:45	Floor Meetings – Gym
2:45 – 4:30	Camp Opening – Gym
4:30 – 5:30	Dinner
5:45 – 6:15	Prepare for MNL – Dorm area
6:30 – 8:30	Monday Night Live! – Gym
8:30 – 9:00	NCA/Leadership Fun
	Wrap-up – Gym
11:00	Lights Out & Sleep

Tuesday

7:00 – 8:00	Breakfast
7:50 – 8:10	Captain Class – Gym
8:10 – 8:30	Camp Opening – Gym
8:30 – 9:45	NCA Class Time – Gym
	Stunt S.P.O.T. Lecture
	Skill Check
9:50 – 10:40	Leadership (Blue) – Gym
	Stunt Class (Red)
10:40 – 10:50	Water Break/Transition
10:50 – 11:45	Leadership (Red) – Gym
	Stunt Class (Blue)
11:45 – 1:00	Lunch & Team Time
1:15 – 2:05	Leadership – Gym
2:15 – 4:45	NCA Class Time– Gym
4:45 – 5:15	Team Time
5:15 – 6:15	Dinner
6:30 – 8:30	Custom Coaching & Evals
8:30 – 9:00	Wrap-up - Gym
11:00	Lights Out & Sleep

Wednesday

7:00 – 8:00	Breakfast
7:50 – 8:10	Captain Class – Gym
8:10 – 8:30	Camp Opening – Gym
8:30 – 9:30	NCA Class Time – Gym
9:35 – 10:35	Leadership (Blue) – Gym
	Stunt Class (Red)
10:35 - 10:45	Water Break/Transition

Wednesday Continued

10:45 – 11:45	Leadership (Red) - Gym
	Stunt Class (Blue)
11:45 – 1:00	Lunch and Team Time
1:15 – 2:00	Leadership - Gym
2:00 – 2:30	NCA Review - Gym/lawn areas
2:30 – 4:00	NCA Class Time - Gym/lawn areas
4:00 – 5:15	NCA Pyramid Class
5:15 – 6:30	Dinner and Team Time
6:45 – 8:30	Custom Coaching & Evals
8:30 – 9:00	Wrap-up
9:00 – 10:30	Pizza Night – Dorms
11:00	Lights Out & Sleep

Thursday

7:30 – 8:30	Breakfast
8:20 – 8:40	Captain Class - Gym
8:40 – 9:00	Camp Opening - Gym
9:00 – 11:25	NCA Class
11:25 – 11:45	Leadership Treat
11:45 – 1:15	Lunch & Team Time
1:30-3:30	All American/Champion Chant/Jump Off
3:30 – 4:30	Leadership - Gym
4:30 – 5:15	Team Time
5:15 – 6:30	Dinner
6:45 –9:00	Top Team/Leadership/Floor Meeting
9:00 – 10:30	Packing, Cleaning
11:00	Lights Out & Sleep

Friday

7:00 – 7:30	Check-Out/Room Clean-up
7:30 – 8:30	Breakfast
8:20 – 8:40	Captain Class – Gym
8:40 –9:20	Team Warm Up – Gym
9:20 – 9:40	NCA Review - Gym
9:40 – 10:30	Final NCA Evaluation
10:30 – 11:30	Camp Closing - Gym
11:30 – 12:00	Pick up Lunches, Photos Load Vans & Busses

RED: Early to Lunch

BLUE: Early to Dinner